

MONIQUE SALAS

Ht: 5'5"
Shoe: 8.5 - 9

emily@bigfishtalent.com | SAG Eligible
Waist: 27" Bust: 34"

Wt: 127 lbs.
Eyes: Brown

Film: Acting

TITLE	ROLE	Production/Director
Spirited	Supporting	Apple TV+
Don't Look In	Lead	LA Film School
Tesoro	Lead	CSU Northridge
Engage	Lead	Yasong Studios
Ascendants	Supporting	ARWorks
Call Me On	Lead	CFS Film
Tandem	Lead	Juice Factory Media
Tell Me I'm Yours	Supporting	CFS Film
180 Degrees	Lead	CU Denver Film
Talion	Supporting	Mainly Malarkey
The Twisted Three	Supporting	AutoSav3 Studios
Plucked Early	Supporting	CU Denver Film
Every Single Someone	Supporting	Big Rock Productions

Film: Voice Over

A Silly Little Guide to Brilliant Diamond	Supporting	JBAverage
Sleep Paralysis	Lead	Sad Girl Productions
Dino	Lead	Sad Girl Productions

Commercial

Nautilus Solar Energy Commercial	Principal	Blue Echo Digital
----------------------------------	-----------	-------------------

Theatre: Acting

Together At Last	Lead	Brandon Slezak
Dracula	Lead	Rachel Barreth
The Greatest Play Ever Written	Lead	Christien Hernandez
Twelfth Night	Supporting	Jordan Zamora
Romeo, You Idiot	Lead	Kyra Isbell
Silver Secrets	Lead	Mark Rose
Uff-Da!	Lead	Brandon Beneke
The Canterbury Tales	Lead	Rachel Hickey
Black Boots Lost Loot	Supporting	Shane Post

Skills

Cheerleading, dance beginner, flexibility: splits, modeling beginner, tumbling beginner, running, swimming, public speaking, taking direction, ability to change tone, crochet, paddle boarding, some tennis, pilates, beginner tennis, intermediate improv, advanced improv.

Education/Training

BFA – University of Colorado Denver 2017-2021

Acting Instinct Intensive - Anna Steers, Gayle Pillsbury, Diego Parada

Groundlings Theater & School 2024 - 2025

- Basic Improv - Daniel Acker
- Intermediate Improv - Jay Renshaw
- Advanced Improv - Laird Macintosh