

HELEN M. TRENCHERhmtrencher@gmail.com

SAG Eligible

Big Fish Talent8400 E. Crescent Parkway, 6th Floor
Greenwood Village, CO 80111

Phone: (303) 744-7170;

Email: emily@bigfishtalent.com

FILM/TV

Pear Blossom Highway
The Ayrton Project
The Creep Behind the Camera
More (Musical Short)
Thursday Night Special
The Locals
The Adventures of Shelley & Margo: Mother's Day
ER Experience
Life Out of Place (Short)
The Devils Bullets (Short)
Chain Saw Sofa Exorcist (Short)
Kabby's Tree
Dying for Treatment
N2O: Suck it Up!
Tough Talk
The Right Way (Short)
Busted

Shelly (AA Woman)
 Mrs. Johnson
 Corey Alden
 Spanish Teacher
 Claire
 Survivor Woman
 Edna
 Dr. Evens
 Prisoner
 Ellie May/Gunslinger
 Goth Party Guest
 Voiceover Artist "Katie"
 Suicidal Jumper
 Sketch Comic
 Young Christian Woman
 Featured
 Civilian Searcher/Church Member

PBH Film LLC
 Flat Hat Films
 Slithering Carpet Films, LLC
 AEC Studios
 AEC Studios
 Critical End Films
 BS Filmworks
 AEC Studios
 Family Tree Productions
 Legacy Films
 Verilithic Productions
 Kabby's Tree Entertainment
 WonderWorks Productions
 Popcorn Alley Entertainment
 IOTK Media
 CVFI/Bryan Smith
 Rocket Pictures/Animal Planet

COMMERCIAL

Ibotta
Expressions PI-Distracted
The Colorado Trust
Amari STD Defense Cream
Public Service of New Mexico
WOW Internet • Cable • Phone

Aunt Deb
 Car Accident Victim/Voice Over
 Interviewee/Woman-on-the-Street
 Speed Dating Facilitator
 Golf Pro Student
 Party Guest

Futuristic Films
 Crosspoint Productions/Network Affiliates
 Cactus Communications
 Steeleboy Productions
 Sterling Productions
 Incite Films

STAGE

Golda Meir: Choices & Chances
Rhythms With the Percussion Lady

Rumors
 Arapahoe County Sheriff's Office
Arsenic And Old Lace
 Oyoyo/Percussion Ensemble
 Holiday Concert
 Rocky Vista University

One-woman drama
 Interactive stage performances/
 rhythm, storytelling, singing
 Cookie
 Role Player
 Aunt Abby
 Hand drummer/percussionist
 Singer/hand drummer
 Standardized Patient

Cherry Creek Arts Festival, Denver Zoo,
 City of Lakewood
 Colorado Stage Company
 The Crisis Company
 ACT Theatre Productions

Swallow Hill Performance Class
 Office of Simulation in Medicine/Surgery

TRAINING & EDUCATION

The Actor's Palette
 On-camera acting workshops

Commercial voiceover workshop
 StorySmith storytelling class/coaching
 Hand drum/percussion
 Voice training/singing classes
 MS & BA in Education

Kether Axlerod
 Kathryn Brink; Shari Rhodes; Jo Edna Boldin;
 Sheila Ivy Traister; Front Range Acting
 Studio; Norm Silver; Rohrer Success
 Denver Center Theater Academy
 Susan Marie Frontczak
 Various classes/workshops
 Christy Wessler
 Fordham University & Lehman College/
 CUNY

SPECIAL SKILLS & INTERESTS

Hand drum (African djembe, dunenba; Ashiko; Middle Eastern doumbek) and Percussion (shakers, scrapers, bells) player;
Singer and Storyteller; *The Percussion Lady* and *Alafia* interactive stage performances; IN ADDITION: swim, weight train, bike,
 yoga, hike; New York accent; read and write Hebrew.