

LINDSEY M. ARNOLD

(651) 239-2350

LivNFreedom@gmail.com

Ht: 5'6"

Wt: 125

Hair: Dark Blonde

Eyes: Green

MODELING

- Spa Demonstration Model - Avanti Skin Center, Evrnrk

VOICEOVER

- Online Commercial - Boettcher Teacher Residency

FILM

- *Angus* Fellow Student Dir: Patrick Read Johnson
- *The Ukraine Experience* Missionary Bethel Church, MN

THEATRE

- School District Clifford Local Public Television, MN
 - Easter Morning Lead Bethel Church, MN
 - The Christmas Wish Lead Bethel Church, MN
 - Wizard of Oz Munchkin Owatonna Community Theater, MN
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EDUCATION / TRAINING

- Acting Coach – Rohrer Success Paul Rohrer, Denver, CO
- Actors Models and Talent for Christ CO & FL (IIC&M Accredited)
- Voice-Over Training The Talent Center, MN

OTHER EDUCATION

- BA – Elementary Education (3.76 GPA) Concordia College, MN
- College Women's Choir- 3 years Concordia College, MN
- Professional Life Coaching Certification Fowler-Wainwright International Institute

SPECIAL SKILLS

- **Sports:** Running, Figure Skating, Rollerblade, Bicycle, Tennis, Swimming, Skiing, Bowling, Racquetball, Firearms, Juggling
- **Accents:** Minnesotan English
- **Music:** Alto Saxophone, Singing, Dancing (basic)

OTHER SKILLS

Background Investigator, Small Business Owner, Life Coach, Teacher/Educator, Guest Speaker, Skin Care Consultant, Nanny, High School Mentor, Wedding Planner Assistant, Baker

NOTABLE AWARDS

- AMTC Competition Finalist – Adult Actress & Adult Lifestyle Modeling